



## Toileting Policy (CHS 19)

---

### Policy Rationale

Toileting facilities and practices that ensure ease of access, good supervision and support for children will enable children to develop toileting skills within a safe and secure environment. Routine and self-help activities enable educators to promote children's learning, meet individual needs and develop strong trusting relationships with children.

### Strategies, Practices and Procedures

We have based our strategies on those outlined by Community Child Care Co-operative (NSW).

- Ensure the Preschool has adequate toilet, washing and drying facilities that are developmentally and age-appropriate. The location and design of these facilities must enable safe and convenient use by children.
- Ensure that toilet areas are designed and maintained in a way that facilitates the supervision of children at all times having regard to children's safety, dignity and rights.
- Advise families on enrolment, to provide several changes of clothes each day.
- Ensure a risk assessment occurs prior to an excursion to check the availability and suitability of toileting facilities.
- Support children with wet or soiled clothing. Educators will put on gloves and assist the child to remove their clothing. Any waste will be placed into the toilet. All wet or soiled clothing will be placed in two sealable bags. The child's name will be written on the bag and it will be placed away from the children's play spaces for collection by the family.
- Ensure the bathroom areas are clean and hygienic for the children to use. Toileting areas will be cleaned regularly during the day. The cleaner will thoroughly clean the bathroom each evening.
- Encourage and positively guide children through the toileting process. Educators will verbally prompt children through the toileting process.

- Consider and seek to accommodate children’s individual needs for privacy while maintaining appropriate supervision.
- Wear gloves at all times when assisting a child with toileting. They will encourage children to remove necessary clothing and assist with this process as needed.
- Encourage children to use their developing self-help skills during toileting experiences.
- Provide visual aids in the bathroom to assist the children with the toileting and handwashing procedure.
- Encourage children to use toilet paper and wipe from front to back. Educators will respectfully assist children as required during this process.
- Remind children to flush and replace clothing.
- Remind and assist children to wash their hands with soap and water. Children will be encouraged to dry their hands using paper towel, which is then placed in the recycling bin.
- Children are often curious about their bodies, and other children’s bodies, in terms of similarities and differences. This is healthy sexuality development which teacher’s will calmly respond to by;
  - Reminding children of the accurate terminology to use.
  - Discussing with children the importance of respecting other’s privacy, and they may not touch private parts of other children’s bodies.
  - Empowering children to express their concerns to other children if they are saying/doing something they do not like.

(Chrisman, K. & Couchenour, D. (2004). *“Healthy Sexuality Development in Young Children”*. Child Care Information Exchange.)

#### **Links to Legislation & National Quality Standards**

- Education and Care Services National Regulations 2011: 109, 115, 100, 101
- Guide to the National Quality Standard ACECQA (2011): 2.1.2, 2.1.2, 2.1.3, 2.3.1, 3.1.3, 3.2.1

#### **Links to other Policies & Documents**

- Interactions with Children Policy (RC 1)

---

**Policy Updated:** \_\_\_\_\_ JULY 2013 \_\_\_\_\_